

Classes for dancers are determined by dancers age/school grade as of September 6th, experience, and level ability. In some cases levels may be combined. Age cut off is October 1st, last day to register for the 2023-24 season is October 15th.

TODDLER CLASSES - AGE 2-3

Tiny Tots - Tuesdays @ 4:00-4:30 pm or Thursdays @ 5:15-5:45 pm

PRESCHOOL - KINDERGARTEN - AGES 3.5 - 5

PreK Acro - Mondays @ 4:15-5:00 pm

Dancing Divas & Dudes - Tuesdays @ 4:30-5:00 pm or Wednesdays @ 5:00-5:30 pm

PreK Hip Hop - Tuesdays @ 5:00-5:30 pm

1ST GRADE - 2ND GRADE - AGES 6 - 8

Acro Level 1 - Mondays @ 5:00-6:00 pm

Acro Level 2 - Mondays @ 5:15-6:15 pm

- Dancers in Acro level 2 should be able to hold a bridge up for 10 seconds and do a cartwheel. Dancers should already completed at least a year of Acro level 1.

Hip Hop Level 1 - Mondays @ 6:15-7:00 pm

Hip Hop Level 2 - Tuesdays @ 7:30-8:15 pm

- For dancers age 8 with previous experience in class style.

Jazz/Lyrical Combo Level 1 - Tuesdays @ 5:30-6:30 pm

Jazz/Lyrical Combo Level 2 - Tuesdays @ 6:30-7:30 pm

- For dancers age 8 with previous experience in class style.

Leaps & Turns Level 1 - Wednesdays @ 4:00 - 4:30 pm

Progressing Ballet Technique (PBT) Level 1- Thursdays @ 4:15-5:00 pm

Pom Level 1 - Mondays @ 7:00-7:45 pm

Stretch & Strength Level 1 - Thursdays @ 5:00-5:30 pm

Tap/Ballet Level 1 - Tuesdays @ 6:30 - 7:30 pm

3RD GRADE - 5TH GRADE - AGES 9-11

Acro Level 2 - Mondays @ 5:15-6:15 pm

- Dancers in Acro level 2 should be able to hold a bridge up for 10 seconds and do a cartwheel.

Acro Level 3 - Mondays @ 4:15-5:15 pm

- Dancers in Acro level 3 should be able to do a back bend kick over and both right and left cartwheels.

Acro Level 4 - Mondays @ 6:15-7:15 pm

- Dancers in Acro level 4 should be able to do a round-off, front limber, and back-walkover.
- By Acro level 4 and up, students should have some previous acro or gymnastics experience.

Clogging - Wednesdays @ 6:00-6:45 pm

Hip Hop Level 2 - Tuesdays @ 7:30-8:15 pm

- Dancers 10 & under with no - 1 year previous experience in class style.

Hip Hop Level 3 - Wednesday @ 6:45-7:30 pm

- Dancers 9 & up with at least 2 years previous experience in class style.

Jazz/Lyrical Combo Level 2 - Tuesdays @ 6:30-7:30 pm

- Dancers 10 & under with no - 1 year previous experience in class style.

Jazz Level 3 - Thursdays @ 6:45-7:30 pm

- Dancers 9 & up with at least 2 years previous experience in class style.

Lyrical Level 3 - Thursdays @ 7:30-8:15 pm

- Dancers 9 & up with at least 2 years previous experience in class style.

Leaps & Turns Level 2 - Thursdays @ 5:30-6:15 pm

Progressing Ballet Technique (PBT) Level 1- Thursdays @ 4:15-5:00 pm

Pom Level 2 - Wednesdays @ 7:30-8:15 pm

Stretch & Strength Level 1 - Thursdays @ 5:00-5:30 pm

Tap/Ballet Level 2/3 - Tuesdays @ 5:00-6:30 pm

6TH GRADE AND UP - AGES 11 +

Acro Level 3 - Mondays @ 4:15-5:15 pm

- Dancers in Acro level 3 should be able to do a back bend kick over and both right and left cartwheels.

Acro Level 4 - Mondays @ 6:15-7:15 pm

- Dancers in Acro level 4 should be able to do a round-off, front limber, and back-walkover.
- By Acro level 4 and up, dancers should have some previous acro or gymnastics experience.

Acro Level 5 - Mondays @ 7:15-8:15 pm

- Dancers in Acro level 5 should be able to do a round-off, front and back-walkover, working on or have power tumbling skills.
- By Acro level 4 and up, dancers should have some previous acro or gymnastics experience.

Clogging - Wednesdays @ 6:00-6:45 pm

Hip Hop Level 4 - Tuesdays @ 8:15-9:00 pm

- Dancers 9 & up with at least 2 years previous experience in class style.

Jazz Level 3 - Thursdays @ 6:45-7:30 pm

- Dancers 13 & under with no or little previous experience in class style.

Jazz Level 4 - Thursdays @ 8:15-9:00 pm

- Dancers 11+ with 2+ years of previous experience in class style.

Lyrical Level 3 - Thursdays @ 7:30-8:15 pm

- Dancers 13 & under with no or little previous experience in class style

Lyrical Level 4 - Thursdays @ 7:30-8:15 pm

- Dancers 11+ with 2+ years of previous experience in class style.

Leaps & Turns Level 2 - Thursdays @ 5:30-6:15 pm

- Dancers 13 & under with no or little previous experience in class style

Leaps & Turns Level 3 - Wednesday @ 5:30-6:15 pm

Pom Level 3 - Tuesdays @ 7:30-8:15 pm

Pre-Pointe/Pointe - Wednesdays @ 7:45-8:30 pm

- Dancer evaluation is required to be invited to this class. Please contact for questions.

Progressing Ballet Technique (PBT) Level 2- Thursdays @ 6:45-7:30 pm

Stretch & Strength Level 2 - Wednesdays @ 5:00-5:30 pm

Tap/Ballet Level 4 - Wednesdays @ 6:15-7:45 pm

Classes need a minimum of 5 dancers in a class to hold certain class. If a class becomes full a waitlist will be created, if enough interest, a second class for that style and level may be added.

Have questions or need help registering?

We will be happy to assist you! Please email Jody at stepitupdance@hotmail.com or give us a call at 308-675-1070.