

STEP IT UP

DANCE ACADEMY



WHAT ATTIRE DO I WEAR FOR CLASS?

WHY PROPER ATTIRE IS IMPORTANT FOR DANCE CLASSES?

Proper clothing is important as it provides more safety for the dancer and allows the teacher to better evaluate their form and see their body alignments. It also keeps the class uniform. In order to be a dancer, it helps to feel like a dancer! Dressing the part always makes you feel more confident and ready to do your best!

All Classes

- NO Jeans - NO Large Jewelry -NO hoop earrings

TINY TOTS & DANCING DIVAS

- GIRLS - Leotard, Tights (optional for tots), skirt or form fitting shorts (optional) pink ballet shoes
- Hair in Bun, Ponytail, or Braid - Neatly Pulled Back.
- BOYS - form fitting athletic attire, black ballet shoes

ALL LEVELS OF ACRO

- Leotard, form fitting shorts or leggings, form fitting top, crop or bra top. Anything so your teacher can see your body lines clearly and you can easily move it.
- No shoes, No tights.
- No baggy tshirts! This class will involve going upside down, baggy clothes are a safety issue!

ALL LEVELS OF BALLET/PBT

- GIRLS - Plain colored Leotard, Pink Tights (optional for tots), skirt (optional), pink ballet shoes.
- Hair in Bun, Ponytail, or Braid - Neatly Pulled Back.
- BOYS - Form fitting shorts or leggings, black form fitting shirt, black ballet shoes.

ALL LEVELS OF JAZZ, LYRICAL, POM, TAP, LEAPS & TURNS

- Form fitting top, form fitting shorts or leggings - Anything so your teacher can see your body lines clearly and you can easily move in.
- Hair in Bun, Ponytail, or Braid - Neatly Pulled Back.

ALL LEVELS OF HIP HOP

- T-shirt or tank, sweat pants, shorts, leggings - Doesn't have to be tight fitting, but easy to move in.
- Hair in Bun, Ponytail, or Braid - Neatly Pulled Back.

WHAT SHOES DO I NEED?

TINY TOTS, DANCING DIVAS, BALLET LEVEL 1

- BLOCH PERFORMA BALLET SHOE - Canvas style - PINK for girls, BLACK for boys



BALLET LEVEL 2 & UP, PBT

- BLOCH PUMP CANVAS BALLET SHOE - PINK for girls, BLACK for boys



ALL LEVELS JAZZ, POM, LEAPS & TURNS

- BLOCH PULSE JAZZ SHOE - TAN



TAP LEVEL 1

- THEATRICALS CHILD EASY STRAP VELCRO - BLACK



TAP LEVEL 2 & UP

- BLOCH TAP-FLEX TAP SHOE or similar style- BLACK -Tie or Slip on



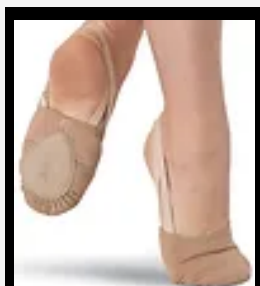
ALL LEVELS HIP HOP

- Clean Sneakers or Tennis Shoes - These should be separate shoes only used for class.
- No outside shoes!



LYRICAL LEVEL 3 & UP

- CAPEZIO CANVAS PIROUETTE II SHOE - TAN
- jazz/lyrical combo classes will only need to purchase jazz style shoe



WEAR DO I BUY DANCE ATTIRE AND SHOES?

SHOP LOCAL! AT GRAND ISLAND'S OWN DANCEWEAR STORE.

DRESSED TO DANCE - 1004 DIERS AVE #324, GRAND ISLAND, NE 68803

SHOP ONLINE ON THESE GREAT DANCEWEAR SITES.

DANCEWEAR SOLUTIONS - WWW.DANCEWEARSOLUTIONS.COM