

# CLASS OFFERINGS

# **Tiny Tots**

Ages 2- 3, Monday, 4:30 pm - 5:00 pm

# **Dancing Divas and Dudes**

Ages 3-5, Monday, 5:00 pm - 5:30 pm

## **Ballet/Jazz Combo**

Ages 5-7, Monday, 4:00 pm - 5:15 pm

# ACRO CLINICS

Progress your acro skills with our specific skill focused acro clinics!

#### Acro Clinic: Cartwheels & Backbends

Ages 5-9, Monday, 5:35 pm - 6:20 pm

#### **Acro Clinic: Walkovers**

Ages 7+, Monday, 5:30 pm - 6:15 pm

Skill Requirement: Dancers must be able to perform a back bend and handstand to bridge to be in this class

#### **Acro Clinic: Aerials**

Ages 8+, Monday, 6:15 pm - 7:00 pm

**Skill Requirement**: Dancers must be able to perform one handed right and left side cartwheels, and a solid running cartwheel to be in this class.

## Acro Clinic: Back Handsprings

Ages 8+, Monday, 7:00 pm - 7:45 pm **Skill Requirement**: Dancers must be able to perform a back walkover, and a round off in order to be in this

class.

Please note these required skills are mandatory to have to take clinic classes. Without proper training of these progression skills, it is unsafe for your dancer to work advanced skills that are above their abilities.

# TURN UP TECHNIQUE INTENSIVE

Progress your dance technique this summer in our 3-day a week, two hour long intensive!

Classes will include: Stretch & Strength x3, Ballet x2, Progressing Ballet Techinque x2,

Leaps & Turns, Jazz/Lyrical combination

# Level A - Ages 7-10

Tuesday - 4:00 pm - 6:00 pm Wednesday - 4:00 pm - 6:15 pm Thursday - 4:00 pm - 6:00 pm

# Level B - Ages 11 +

Tuesday - 6:30 pm - 8:30 pm Wednesday - 6:15 pm - 8:30 pm Thursday - 6:30 pm - 8:30 pm